

A message from the 2006-2007 Chair:

2006-2007 was a very good year! Much growth and enhancement of member services took place. It was a year in which more members moved into leadership roles within the Practice Group and in which WM established itself firmly in a leadership role within ADA. This report describes the year's events and highlights. Each was made possible through the hard work of many individuals and the support of WM members. It was a pleasure to serve as your WM Chair during this exciting time. Thank you for the opportunity!

Chris Biesemeier, MS, RD, LDN, FADA

May 31, 2007 = 4467 WM members

Mission and Vision



WM DPG Mission:

Leading the future of comprehensive weight management in dietetics through professional excellence.



WM DPG Vision:

WM DPG members are the most valued source of comprehensive weight management services.

WM's Strategic Goals for 2006-2007:

1. To provide members with ready access to information related to the profession, DPG projects, Executive Committee activities, and to other members
2. To attract, engage, and retain members in the DPG
3. To provide professional development activities that enhance members' knowledge, skills, and value, using technology and other formats to share information
4. To expand Subunit visibility and activities, member involvement in Subunits, and networking
5. To promote weight-management focused outcomes research and evidence analysis and member participation in research projects
6. To prepare leaders for their roles on the Executive Committee (EC) and provide leadership training for the EC & members
7. To recognize and honor members who have made outstanding contributions to the profession and to the field of weight management
8. To expand activities, programs and services related to External Affairs, Public Policy and Payment for Services/ Reimbursement

WM 2006-2007 Budget Report

REVENUES

Membership Dues: \$121,008
Meeting Registration: \$32,062
Publication Sales: 0
Grants/Contracts: \$76,000
Interest Income: \$17,821
Miscellaneous Receipts: \$2,739
TOTAL REVENUES \$ 249,630

EXPENSES

Lodging: \$38,419
Subsistence: \$2,617
Transportation: \$20,856
Professional Consulting: \$77,442
Postage: \$6,107
Mailing Service/Freight: \$6,986
Office Supplies: 0
Telephone: \$13
Teleconferences: \$7,363
Other expenses: \$203
Dues/Fees: \$4,160
Donations/Contributions: \$8,000
Donations to ADA: \$550
Honorariums/Awards: \$10,300
Advertising/Promotion: \$407
Audio Visual: \$8,600
Food Service: \$55,059
Printing/Copying: \$18,312
TOTAL EXPENSES \$265,644

EXCESS EXPENSES vs REVENUES: \$16,014*

* Additional revenues of \$19,170 from FY 06-07 activities were received in early FY 07-08, contributing to an excess of revenues over expenses of \$3156.

2006 - 2007 Executive Committee

- **Chair:** Chris Bieseimer, MS, RD, LDN, FADA
- **Chair-elect:** Monica Krygowski, MS, RD, LD
- **Past Chair:** Lynn Umbreit, MS, RD, LD
- **Secretary:** Diane Heller, MMSc, RD
- **Treasurer:** Anne E. Mathews, MS, RD
- **Nominating Committee Chair:** Hope Warshaw, MMSc, RD, CDE
- **Professional Development Director:** Chris Weithman, MBA, RD, LDN
- **Member Services Director:** Michele Doucette, PhD
- **Newsletter Editor:** Molly Wangsgaard, MS, RD, LDN
- **Web Site Editor:** Kim Gorman, MS, RD, LD
- **Communications Director:** Helen C. Thompson, MA, RD, CDE
- **External Relations Director:** Pat Harper, MS, RD, LDN
- **Public Policy Director:** Anne Daly, MS, RD, BC-ADM, CDE
- **Subunit Director:** Jennifer Garland, MPH, RD, LDN, CDE
- **Reimbursement Chair:** Suzanne Brodney Folse, PhD, RD
- **Network Chair:** Eileen Myers, MPH, RD, LDN, FADA

- **Research Chair:** Lori Greene, MS,RD,LD
- **Professional Issues Delegate:** Linda M. Delahanty, MS,RD
- **WM Executive Coordinator:** Paula Peirce, PhD, RD
- **ADA Practice Team Manager:** Danielle Bauer

2006-2007 WM DPG Project Highlights

Educational Programs and Networking Opportunities

2006 ADA FNCE Meeting in Honolulu, Hawaii:

- WM Priority Session: “Pharmacotherapy & MNT for Weight Management . . . The Science and the Implications for Nutrition Practice” presented by Louis Aronne, MD and Cathy Nonas, MS,RD,CDE
- DPG Showcase

WM Symposia:

- WM conducted its first Symposium on the theme of “Changing the Weight Management Landscape: Redefining Success” from May 4 – 6, 2007 in Scottsdale, Arizona.
- Planning began for the 2008 Symposium to be held April 4-6 at the Vanderbilt Loews Hotel in Nashville, Tennessee. Linda Gigliotti heads the 2008 planning committee, and the theme is “*Weight Management: The Harmony of Science and Practice.*”

Teleconferences – 4 sets of Teleconferences were conducted providing members with CPEUs on these topics:

- Navigating the ADA Evidence Analysis Library (offered four times)
- Working with Payers to Maximize Reimbursement for Weight Management Services (offered twice)
- Bariatric Surgery 101 (offered twice)
- Prevention of Pediatric Obesity: Individual-Family-Based Interventions (offered twice)

NAASO (North Atlantic Association for the Study of Obesity):

- Network officially formed between WM and NAASO
- Past Chair, Lynn Umbreit, and Network Chair, Eileen Myers, attended the annual scientific meeting of NAASO in October, 2006

Communications

WM Newsletter:

- The WM Newsletter continued to provide members with information on a wide variety of topics under the oversight of Molly Wangsgaard.

- CPEU articles in each issue of the WM Newsletter were initiated starting with “Medications for the treatment of obesity” written by Cathy Nonas, MS,RD,CDE in the winter issue.

WM Web Site:

- The Web site underwent major revisions and enhancements resulting in a wonderful “make-over” that debuted in May 2007.
- New sections were added to the Web site, including: Member Profile, Member Directory, Career Builder, the Web Learning and Resource Center, Research, Subunits, and the WM Peer Network.
- New content was posted – Powerpoint presentations, links to other key Web sites, information about ADA’s Nutrition Care Process, WM resources, and links to client education materials.

Blast Emails and the EML:

- WM initiated a new communication tool, blast emails, to keep members up-to-date on the latest information about WM business and activities.
- The WM EML continued to serve a valuable role in enhancing members’ ability to network with one another.

Public Policy and Reimbursement

- Chair, Chris Bieseimeier, Chair-elect, Monica Krygowski, and Public Policy Director, Anne Daly, attended the 2007 Public Policy Workshop in Washington D.C. in April.
- Suzanne Brodney Folse stepped into the role of Reimbursement Chair, hosting a set of member teleconferences and creating a reimbursement resource for the WM Web site.

Awards and Honors

- Karen Holtmeier, MPH, LN, RD was awarded the first WM Excellence in Practice Award at the 2007 WM Symposium in Scottsdale, Arizona.
- The WM Executive Committee endorsed creation of a second WM Award, the Excellence in WM Outcomes Research Award to be presented in 2008.
- \$100 scholarships were awarded by random drawing to twenty WM members to attend the 2007 WM Symposium (See the list below.) Additional stipends were designated for the 2007-08 fiscal year, for two members to attend the annual meeting of The Obesity Society, and for one member to attend the Spring 2008 Public Policy Workshop.

Research

- Lori Greene hosted a series of Teleconferences for the WM Peer Network to provide updates to members on ADA’s Nutrition Care Process, the ADA Evidence Analysis Library, and the Adult WM Evidence Based Practice Guidelines.

- Chair, Chris Bieseemeier, and Research Chair, Lori Greene, participated in the planning of the Dietetics Practice Based Research Network pilot project to validate the Nutrition Quality of Life tool. WM provided funding to support the pilot project.
- WM provided funding to support additional systematic reviews for ADA Evidence Analysis Library.

Subunits

- Both the Bariatric Surgery (Sue Cummings, Chair) and Pediatric Weight Management (Joanne Ikeda, Chair) Subunits were active during the year under the oversight of Jennifer Garland. Each Subunit hosted a set of CPEU teleconferences, had informative discussions on the EML, updated the content on its Web page, and provided speakers for the 2007 WM Symposium. The Bariatric Surgery Subunit members were able to network on the Bariatric Surgery Community of Interest discussion forum.

Member Services

- Under the oversight of Michele Doucette, several creative and innovative Member Services tools and resources were developed, including a Web site Member Profile that allows members to showcase their areas of expertise and express interest in WM volunteer roles and a Member Directory.
- The 2007 Member Survey provided valuable direction for the 2007-2008 WM Strategic Plan and member initiatives.

DPG Leadership and Administration

- Members of the Executive Committee participated in a series of leadership training teleconferences using the book, *Good to Great*, by Jim Collins as a focus for their discussions.
- The Spring Executive Committee Leadership Retreat and meeting were held in Scottsdale, Arizona prior to the WM Symposium.
- Policies and guidelines were established for a number of WM activities and processes. Plans include creating a repository of policies, procedures, reports, and job descriptions on an Executive Committee Community of Interest.

Symposium Stipend Recipients:

| | | | |
|----------------------|--------------------|---------------------|----------------|
| Brenda Buck | Nancy Marie Harvin | Melissa Martilotta | Sharon Salomon |
| Heather Cherry | Patricia Howell | Katherine Michalski | Staci Stone |
| Karen Creswell | Martha Kratzer | Beverly Miller | Lisa Talamini |
| Cynthia Davis | Lou Kupka-Schutt | Deborah Pfeiffer | Frane Wilk |
| Patricia Friedlander | Devora Lattimore | Melissa Martilotta | Sharon Salomon |
| Dolores Galaz | Carolyn Marchie | | |
| | Martha Kratzer | | |

Thank You Sponsors!

Thanks to our WM Corporate Friends/Partners - 2006-2007

McNeil Nutritionals, LLC: Silver sponsor 2007 Spring Symposium plus Fall Newsletter plus FNCE WM/NE Dinner Cruise joint sponsor

Lean Cuisine: Summer/Winter Newsletter; Platinum sponsor 2007 Spring Symposium

Kellogg Company, an ADA Premier Sponsor: Platinum sponsor 2007 Spring Symposium

Slimfast/Unilever, an ADA Partner: Silver sponsor 2007 Spring Symposium, including tote bags, sponsor of the 2006 WM Excellence in Practice Award and EC Symposium lunch; and spring newsletter

GSK Consumer Healthcare, an ADA Partner: Gold sponsor 2007 Spring Symposium

Quaker Oats, Tropicana and the Breakfast Research Institute: Gold sponsor 2007 Spring Symposium

National Cattlemen's Beef Association on behalf of the Beef Checkoff: Diamond sponsor 2007 Spring Symposium

Wrigley Science Institute : Silver sponsor 2007 Spring Symposium plus WM DPG Executive Committee Meeting Break

Accusplit: Silver sponsor 2007 Spring Symposium plus WM DPG Executive Committee Meeting Dinner

Health Management Resources: Silver sponsor 2007 Spring Symposium

Microlife USA, Inc.: Silver sponsor 2007 Spring Symposium

General Mills Bell Institute of Health & Nutrition: Silver sponsor 2007 Spring Symposium plus WM DPG Executive Committee Meeting Breakfast

H.J. Heinz: Silver sponsor 2007 Spring Symposium

VitaSoy – Co sponsor of WM/NE FNCE dinner cruise

Bob's Red Mill: 2007 Spring Symposium Exhibitor

Food Research Inc.: 2007 Spring Symposium Exhibitor

Lifesteps: 2007 Spring Symposium Exhibitor

Walden Farms: 2007 Spring Symposium Exhibitor

Enova Oil-ADM/Kao Corp.: 2007 Spring Symposium Exhibitor plus WM DPG Executive Committee Meeting Breakfast

Novartis/Optifast: 2007 Spring Symposium Exhibitor

Paramount Farms: WM DPG Executive Committee Meeting Dinner